

Physical Education

The Board, recognizing the importance of physical education for all students, is committed to providing adequate funds for facilities, equipment, personnel, and supplies within the district's financial ability to do so and with due recognition to the necessity for balancing available funds among all areas of the curriculum.

The Board of Education believes that a coordinated physical education program should be developed for grades 1 through 12 that is aligned with state and district physical education standards.

Daily physical education and/or physical fitness activities shall be provided for all students, including those with special medical or physical needs.

The physical education program shall:

1. Promote physical development and fitness in terms of speed, strength, power, endurance, agility and body efficiency.
2. Encourage motor skill development through drill and correct practice of fundamentals which can be applied to an activity or game situation.
3. Develop knowledge of the rules, strategies and historical aspects of various sports.
4. Instill proper attitudes toward play such as sportsmanship, ethics and personal relationships of the participants.
5. Establish desirable habits of personal health and safety and a concern for the welfare of others.
6. Offer opportunities for participation in activities which will be useful and enjoyable in adult life.

Adopted: prior to June 2007

Revised: CASB Overhaul 2014

LEGAL REFS.: C.R.S. 22-25-101 through 22-25-110 (*Colorado Comprehensive Health Education Act*)
C.R.S. 22-32-136 (*physical activity requirement*)

CROSS REFS.: IMBB, Exemptions from Required Instruction
JLCA, Physical Examinations of Students
JLJ*, Physical Activity